



Dear Parent/Carer

I have been invited by your child's school to come in and deliver a presentation on e-safety for parents.

In the ever changing world that we live in, the internet, whilst a wealth of information and wonder, can also be a dangerous place for your child to be without your support and guidance.

I have been trained as a Parentzone facilitator, Parentzone are an organisation that shares the belief that parents are the real experts. They do not believe in preaching or 'educating', their role is to provide access to information so that parents can make their own decisions.

The programme I will be delivering is based on the Authoritative Parenting approach which helps parents to deploy simple parenting techniques to keep children safer online. The session lasts for about 50 minutes and there is ample opportunity for you to ask questions should you wish to do so.

I look forward to meeting you.

Yours sincerely  
Julia Heath

Parentzone Facilitator  
Manager of Haybrook and Littledown SEBD Outreach Service

