

Khalsa Primary School Summer Menu 2016



	Monday	Tuesday	Wednesday	Thursday	Friday
Week 1 11 th April 2 nd May 23 rd May 6 th June 27 th June 18 th July	Moong Moth Dhal with Naan Bread or Rice	Vegetable Lasagne with Garlic Bread	Cheese & Tomato Pizza	Aloo Gobi with Naan Bread or Rice	Jacket Potatoes & Baked Beans
	Cheese & Cucumber Sandwich	Ploughman's Lunch	Chips	Cheese & Tomato Panini with Diced Potatoes	Paneer Wrap with Salad
	Mixed Vegetable	Carrots Potato Rosti	Baked Beans	Sweetcorn	Sweet Potato Fries
	Semiya (Vermicelli)	Chocolate Sponge with Custard	Fresh Fruit Yoghurt	Mango Mousse	Fresh Fruit Salad
Week 2 18 th April 9 th May 13 th June 4 th July	Vegetable Samosa & Chickpea Curry	Ricotta & Spinach Cannelloni with Garlic Bread	Sweetcorn Pizza	Saag Aloo with Naan Bread or Rice	Vegetable Burger
	Roasted Vegetable Baguette & Potato Smiles	Paneer Puccia with Salad	Chips	Cheese & Tomato Panini with Diced Potatoes	Ploughman's Lunch
	Mixed Vegetables	Sweetcorn	Baked Beans	Carrots	Baked Beans Potato Wedges
	Rice Pudding	Beetroot & Chocolate Sponge	Assorted Ice Cream	Rice Krispy Cake	Veggie Angel Delight
Week 3 25 th April 16 th May 20 th June 11 th July	Yellow Dhal with Naan Bread or Rice	Vegetable Fajita Wrap	Cheese & Tomato Pizza	Macaroni & Cauliflower Cheese with Garlic Bread	Mutter Paneer with Naan Bread or Rice
	Cheese & Cucumber Sandwich	Cheese & Tomato Ciabbata	Chips	Veggie Ham & Cucumber Soft Roll	Nut-less Peanut Butter Sandwich
	Sweetcorn	Carrots Diced Potatoes	Baked Beans	Fresh Broccoli Sweet Potato Wedges	Mixed Vegetables
	Fruit Fool	Iced Slice	Assorted Frozen Yoghurt	Chocolate Muffins	Banana Cake

Also included in each meal & available every day, children can choose from:

FRESH VEGETABLE SALADS



BREADS



FRESH FRUIT



MILK/WATER

