

## Khalsa Primary Academy - Jigsaw Planning Overviews

	Nursery	Reception	Year 1	Year 2	Year 3	Year 4	Year 5	Year 6
<b>Autumn 1</b>	<p><b>Topic /Themes:</b> <b>Being Me in My World</b></p> <p><b>Self- Identity</b> To understand how it feels to belong To understand how to express feelings</p> <p><b>Rights and Responsibilities</b> To think about everyone's right to learn and work together To understand what responsibility means</p> <p><b>Respectful Relationships</b> To be considerate about people's feelings To understand that it's good to be kind to people</p>	<p><b>Topic /Themes:</b> <b>Being Me in My World</b></p> <p><b>Self- Identity</b> To understand how it feels to belong To understand how we are similar and different</p> <p>To understand how to recognise and manage feelings</p> <p><b>Rights and Responsibilities</b> To think about everyone's right to learn and work together</p> <p>To enjoy working with others to make the school a better place</p> <p>To understand what being responsible means</p> <p><b>Respectful Relationships</b> To be considerate about people's feelings To understand that it's good to be kind to people</p>	<p><b>Topic /Themes:</b> <b>Being Me in My World</b></p> <p><b>Self- Identity</b> To know how to use my jigsaw journal</p> <p><b>Rights and Responsibilities</b> To understand everyone's right to learn and work together</p> <p>To understand our right to learn and play</p> <p><b>Rewards and Consequences</b> To contribute to the learning charter To recognise the choices I make and understand the consequences</p>	<p><b>Topic /Themes:</b> <b>Being Me in My World</b></p> <p><b>Self- Identity</b> To identify some of my hopes and fears for this year To know how to use my Jigsaw Journal</p> <p><b>Rights and Responsibilities</b> To know how to be a good member of the class and school</p> <p><b>Respectful Relationships</b> To understand how learning charter help me and others learn</p> <p><b>Rewards and Consequences</b> To listen to others and contribute own ideas To recognise the choices I make</p>	<p><b>Topic /Themes:</b> <b>Being Me in My World</b></p> <p><b>Self- Identity</b> To identify positive things about myself and my achievements To set personal goals To know how to use my Jigsaw Journal</p> <p><b>Rights and Responsibilities</b> To face new challenges positively and make responsible choices To understand why rules are needed To make responsible choices and take action</p> <p><b>Rewards and Consequences</b> To understand how my actions affect myself and others</p>	<p><b>Topic /Themes:</b> <b>Being Me in My World</b></p> <p><b>Self- Identity</b> To know my attitudes and actions make a difference to the class team To know how to use my Jigsaw Journal</p> <p>To understand how to be a school citizen</p> <p><b>Rights and Responsibilities</b> To understand how democracy works through the School Council To understand how groups come together to make decisions</p> <p><b>Rewards and Consequences</b> To understand how my actions affect myself and others To care about people's feelings and empathise with them</p>	<p><b>Topic /Themes:</b> <b>Being Me in My World</b></p> <p><b>Self- Identity</b> To know how to face new challenges and set personal goals To know how to use my Jigsaw Journal</p> <p><b>Rights and Responsibilities</b> To understand how to a citizen of my country To understand how democracy works through the School Council and participate actively to have a pupil voice To understand how groups come together to make decisions</p> <p><b>Rewards and Consequences</b> To understand how my actions affect myself and others</p>	<p><b>Topic /Themes:</b> <b>Being Me in My World</b></p> <p><b>Self- Identity</b> To identify goals To understand fears and worries about future and how to express them To know how to use my Jigsaw Journal</p> <p><b>Rights and Responsibilities</b> To understand how to be a global citizen To know and understand universal rights for all children To understand how democracy works through the School Council and participate actively to have a pupil voice</p> <p><b>Rewards and Consequences</b> To understand how my actions affect myself and others locally and globally</p>
<b>Resources</b>	Jigsaw puzzle 1 resources Music links Puzzle 1 teacher notes	Jigsaw puzzle 1 resources Music links Puzzle 1 teacher notes	Jigsaw puzzle 1 resources Music links Puzzle 1 teacher notes	Jigsaw puzzle 1 resources Music links Puzzle 1 teacher notes	Jigsaw puzzle 1 resources Music links Puzzle 1 teacher notes	Jigsaw puzzle 1 resources Music links Puzzle 1 teacher notes	Jigsaw puzzle 1 resources Music links Puzzle 1 teacher notes	Jigsaw puzzle 1 resources Music links Puzzle 1 teacher notes
<b>Autumn 2</b>	<p><b>Topic /Themes:</b> <b>Celebrating Differences</b></p> <p><b>Respecting ourselves and others</b> To know what to be good at and be proud of it To know what makes me special and unique To understand how to stand up for myself</p> <p><b>Relationships</b> To understand how families are different To know where we live</p> <p><b>Caring friendships</b> To understand how to make new friends</p>	<p><b>Topic /Themes:</b> <b>Celebrating Differences</b></p> <p><b>Respecting ourselves and others</b> To identify what I am good at and understand everyone is good at different things To understand that being different make us special To understand why my home is special to me</p> <p>To understand how to stand up for myself</p> <p><b>Relationships</b> To understand how families are different but same in some ways</p> <p><b>Caring friendships</b> To understand how to be a kind friend</p>	<p><b>Topic /Themes:</b> <b>Celebrating Differences</b></p> <p><b>Respecting ourselves and others</b> To identify similarities and differences between people in my class To understand what bullying is and resolve problems</p> <p><b>Caring friendships</b> To know how to make new friends To understand how I am different from my friends</p>	<p><b>Topic /Themes:</b> <b>Celebrating Differences</b></p> <p><b>Respecting ourselves and others</b> To understand gender stereotypes To understand why bullying happens</p> <p><b>Relationships</b> To stand up for myself and others</p> <p>To understand gender diversity</p> <p><b>Caring friendships</b> To celebrating differences and still be friends</p>	<p><b>Topic /Themes:</b> <b>Celebrating Differences</b></p> <p><b>Respecting ourselves and others</b> To understand gender stereotypes To understand what is bullying and help to solve problems</p> <p><b>Relationships</b> To understand how families are different and important To understand family differences and conflicts</p> <p><b>Caring friendships</b> To recognise how words can cause hurtfulness To understand the consequences of hurtful words</p>	<p><b>Topic /Themes:</b> <b>Celebrating Differences</b></p> <p><b>Respecting ourselves and others</b> To understand how assumptions are made on appearances To understand what is bullying and help to solve problems</p> <p>To identify and value what makes me unique</p> <p><b>Caring friendships</b> To understand how impressions change when I get to know people</p>	<p><b>Topic /Themes:</b> <b>Celebrating Differences</b></p> <p><b>Respecting ourselves and others</b> To understand that cultural differences can cause conflicts To understand racism To understand bullying behaviours (Rumour-spreading/name calling) To know the difference between direct and indirect bullying</p> <p><b>Respectful Relationships</b> To compare life with people in the developing world To understand different cultures</p>	<p><b>Topic /Themes:</b> <b>Celebrating Differences</b></p> <p><b>Respecting ourselves and others</b> To understand different perceptions about what normal means To understand differences To understand power struggles To understand the difference between source of conflict and cause for celebration</p> <p><b>Respectful Relationships</b> To understand why people use bullying behaviours To recognise amazing lives of disabled people</p>
<b>Resources</b>	Jigsaw puzzle 2 resources Music links Puzzle 2 teacher notes	Jigsaw puzzle 2 resources Music links Puzzle 2 teacher notes	Jigsaw puzzle 2 resources Music links Puzzle 2 teacher notes	Jigsaw puzzle 2 resources Music links Puzzle 2 teacher notes	Jigsaw puzzle 2 resources Music links Puzzle 2 teacher notes	Jigsaw puzzle 2 resources Music links Puzzle 2 teacher notes	Jigsaw puzzle 2 resources Music links Puzzle 2 teacher notes	Jigsaw puzzle 2 resources Music links Puzzle 2 teacher notes

## Khalsa Primary Academy - Jigsaw Planning Overviews

	Nursery	Reception	Year 1	Year 2	Year 3	Year 4	Year 5	Year 6
<b>Spring 1</b>	<p><b>Topic /Themes: Dreams and Goals</b></p> <p><b>Staying Motivated/Challenges</b> To understand what a challenge means To understand about never giving up To use kind words to encourage people with <b>Setting and Achieving Goals</b> To set a goal and work towards it To help others to achieve their goals To feel proud on achieving goals</p>	<p><b>Topic /Themes: Dreams and Goals</b></p> <p><b>Staying Motivated/Challenges</b> To understand how to tackle challenges To understand about never giving up To use kind words to encourage people with <b>Setting and Achieving Goals</b> To set a goal and work towards it To help others to achieve their goals To feel proud on achieving goals</p>	<p><b>Topic /Themes: Dreams and Goals</b></p> <p><b>Staying Motivated/Challenges</b> To understand how to tackle challenges To understand about never giving up <b>Setting and Achieving Goals</b> To set a goal and work towards it To tackle a new challenge To identify obstacles and how to overcome them To celebrate success <b>Caring Friendships</b> To understand how to work well with a partner</p>	<p><b>Topic /Themes: Dreams and Goals</b></p> <p><b>Staying Motivated/Challenges</b> To understand how to tackle challenges To understand about never giving up <b>Setting and Achieving Goals</b> To set a goal and work towards it To tackle a new challenge To celebrate success <b>Caring Friendships</b> To understand how to work well in a group To recognise how we learn from others</p>	<p><b>Topic /Themes: Dreams and Goals</b></p> <p><b>Staying Motivated/Challenges</b> To understand how to face and tackle challenges To understand about never giving up <b>Setting and Achieving Goals</b> To identify important dreams and ambitions To celebrate success <b>Caring Friendships</b> To talk about people who have faced difficult challenges and achieved success</p>	<p><b>Topic /Themes: Dreams and Goals</b></p> <p><b>Staying Motivated/Challenges</b> To understand hurt caused by unfulfilled hopes and dreams To understand how to overcome disappointment <b>Setting and Achieving Goals</b> To identify important dreams and hopes To have positive attitudes in setting new goals To celebrate success <b>Caring Friendships</b> To understand how to achieve goals as a group</p>	<p><b>Topic /Themes: Dreams and Goals</b></p> <p><b>Staying Motivated/Challenges</b> To understand the importance of money to achieve some dreams To understand various jobs and careers To understand motivation to achieve a dream job <b>Setting and Achieving Goals</b> To identify important dreams and hopes To have positive attitudes in setting new goals <b>Caring Friendships</b> To understand dreams and goals of young people in other cultures To understand how to support others achieve their goals and aspirations</p>	<p><b>Topic /Themes: Dreams and Goals</b></p> <p><b>Staying Motivated/Challenges</b> To understand how to stay motivated to reach my goals <b>Setting and Achieving Goals</b> To set challenging but realistic personal goals To recognise our achievements <b>Respectful Relationships</b> To identify problems in the world and talk to other people about it To understand how to work with others to make a difference</p>
<b>Resources</b>	Jigsaw puzzle 3 resources Music links Puzzle 3 teacher notes	Jigsaw puzzle 3 resources Music links Puzzle 3 teacher notes	Jigsaw puzzle 3 resources Music links Puzzle 3 teacher notes	Jigsaw puzzle 3 resources Music links Puzzle 3 teacher notes	Jigsaw puzzle 3 resources Music links Puzzle 3 teacher notes	Jigsaw puzzle 3 resources Music links Puzzle 3 teacher notes	Jigsaw puzzle 3 resources Music links Puzzle 3 teacher notes	Jigsaw puzzle 3 resources Music links Puzzle 3 teacher notes
<b>Spring2</b>	<p><b>Topic /Themes: Healthy Me</b></p> <p><b>Making Healthy choices</b> To understand the need to be healthy To understand about active movement To know about a healthy, balanced diet</p> <p><b>Being Safe</b> To understand the importance of good sleep To understand the importance of being clean To understand about stranger danger</p>	<p><b>Topic /Themes: Healthy Me</b></p> <p><b>Making Healthy choices</b> To understand the need to be healthy To understand about active movement To know about a healthy, balanced diet</p> <p><b>Being Safe</b> To understand the importance of good sleep To understand the importance of being clean To understand about stranger danger</p>	<p><b>Topic /Themes: Healthy Me</b></p> <p><b>Making Healthy choices</b> To understand the difference between healthy and unhealthy To know how to make healthy lifestyle choices To know about a healthy, balanced diet</p> <p><b>Being Safe</b> To understand how germs cause disease To understand the importance of being clean To understand about medicine safety To understand about road safety</p>	<p><b>Topic /Themes: Healthy Me</b></p> <p><b>Making Healthy choices</b> To understand how to keep my body healthy To know how to be relaxed and avoid stress To know how to make healthy lifestyle choices To know about a healthy, balanced diet</p> <p><b>Being Safe</b> To understand about medicine safety</p>	<p><b>Topic /Themes: Healthy Me</b></p> <p><b>Making Healthy choices</b> To understand how exercise affects our bodies and organs To know how unhealthy lifestyle choices affect health To understand knowledge and attitudes towards drugs</p> <p><b>Being Safe</b> To understand about medicine safety and call emergency services To understand how to safely take care of my body</p>	<p><b>Topic /Themes: Healthy Me</b></p> <p><b>Making Healthy choices</b> To understand how exercise affects our bodies and organs To know how unhealthy lifestyle choices affect health To know myself well and celebrate inner strength</p> <p><b>Caring Friendships</b> To understand how friendship groups are formed To understand how to value friends To understand group dynamics To recognise and resist peer pressure <b>Being Safe</b> To understand the effects of smoking and alcohol on health To understand how to safely take care of my body</p>	<p><b>Topic /Themes: Healthy Me</b></p> <p><b>Making Healthy choices</b> To know the effect of healthy lifestyle choices To understand how body image can be linked to eating disorders <b>Being Safe</b> To understand the effects of smoking and alcohol on health and anti-social behaviour To know how to get help in emergency situations To understand how different media promotes certain body types</p>	<p><b>Topic /Themes: Healthy Me</b></p> <p><b>Making Healthy choices</b> To know how to make healthy lifestyle choices that benefits well-being To understand emotional and mental health To understand stress triggers To understand drugs and alcohol misuse</p> <p><b>Being Safe</b> To understand the effects of drugs on the body To understand the effects of exploitation To understand peer pressure and risks in gang culture</p>
<b>Resources</b>	Jigsaw puzzle 4 resources Music links Puzzle 4 teacher notes	Jigsaw puzzle 4 resources Music links Puzzle 4 teacher notes	Jigsaw puzzle 4 resources Music links Puzzle 4 teacher notes	Jigsaw puzzle 4 resources Music links Puzzle 4 teacher notes	Jigsaw puzzle 4 resources Music links Puzzle 4 teacher notes	Jigsaw puzzle 4 resources Music links Puzzle 4 teacher notes	Jigsaw puzzle 4 resources Music links Puzzle 4 teacher notes	Jigsaw puzzle 4 resources Music links Puzzle 4 teacher notes

### Khalsa Primary Academy - Jigsaw Planning Overviews

	Nursery	Reception	Year 1	Year 2	Year 3	Year 4	Year 5	Year 6
<b>Summer 1</b>	<b>Topic /Themes: Relationships</b>	<b>Topic /Themes: Relationships</b>	<b>Topic /Themes: Relationships</b>	<b>Topic /Themes: Relationships</b>	<b>Topic /Themes: Relationships</b>	<b>Topic /Themes: Relationships</b>	<b>Topic /Themes: Relationships</b>	<b>Topic /Themes: Relationships</b>
	<b>Relationships</b> To understand my family and me To understand how to make friends To understand friendship, conflicts and managing feelings To know how to be a good friend	<b>Relationships</b> To understand my family and me To understand how to make friends To understand friendship, conflicts and managing feelings To know how to be a good friend	<b>Relationships</b> To understand members of own family and different types of families To understand friendship and greetings To know about people who help us To recognise appreciation of friends and family	<b>Relationships</b> To understand different types of family To understand forms of physical contacts and keeping safe To understand friendship and conflicts To recognise trust and appreciation to friends and family	<b>Relationships</b> To understand family roles and responsibilities To identify skills of friendship To know how to express appreciation to friends and family <b>Online safety</b> To know and use strategies for keeping myself safe online To understand how to be a global citizen Know needs and rights of children around the world	<b>Relationships</b> To resolve friendship problems when they occur (jealousy) To understand getting on and falling out of friendship To understand relationships (girlfriends and boyfriends) Celebrating relationships <b>Love and Loss</b> I can identify love for family and express why they are special to me To know that it is important to take care of mental health To understand that there are different stages of grief To understand there are different types of loss that cause people to grieve	<b>Recognising me</b> To know the importance of building self-esteem <b>Relationships</b> To understand the rights and responsibilities of online community and social networking To understand the rights and responsibilities of gaming community To resolve friendship problems when they occur <b>Online safety</b> To use technology positively and safely To communicate safely with friends and family To understand SMAART internet safety rules	<b>Mental Health/ Love and Loss</b> To know that it is important to take care of mental health To understand that there are different stages of grief To understand there are different types of loss that cause people to grieve <b>Power and Control</b> To understand how to show respect and how to treat others <b>On line safety</b> To use technology positively and safely To communicate safely with friends and family
<b>Resources</b>	Jigsaw puzzle 5 resources Music links Puzzle 5 teacher notes	Jigsaw puzzle 5 resources Music links Puzzle 5 teacher notes	Jigsaw puzzle 5 resources Music links Puzzle 5 teacher notes	Jigsaw puzzle 5 resources Music links Puzzle 5 teacher notes	Jigsaw puzzle 5 resources Music links Puzzle 5 teacher notes	Jigsaw puzzle 5 resources Music links Puzzle 5 teacher notes	Jigsaw puzzle 5 resources Music links Puzzle 5 teacher notes	Jigsaw puzzle 5 resources Music links Puzzle 5 teacher notes
<b>Summer 2</b>	<b>Topic /Themes: Changing Me</b>	<b>Topic /Themes: Changing Me</b>	<b>Topic /Themes: Changing Me</b>	<b>Topic /Themes: Changing Me</b>	<b>Topic /Themes: Changing Me</b>	<b>Topic /Themes: Changing Me</b>	<b>Topic /Themes: Changing Me</b>	<b>Topic /Themes: Changing Me</b>
	<b>Changes</b> To name parts of the body To understand healthy eating To understand and respect they see in themselves <b>Transition</b> To identify what to look forward to (sharing memories) To identify worries about the transition to next class	<b>Changes</b> To name parts of the body To understand healthy eating To understand girls' and boys' bodies changes <b>Transition</b> To identify what to look forward to (sharing memories) To identify worries about the transition to next class	<b>Changes</b> To identify girls' and boys' body parts To understand how my body has changed since birth To link growing and learning To understand how to cope with change <b>Life Cycles</b> To understand life cycles of animals and humans <b>Transition</b> To identify what to look forward to To identify worries about the transition to next class	<b>Changes</b> To understand girls' and boys' bodies changes To understand growing from young to old <b>Life Cycles</b> To recognise cycles of life in nature To understand types of touch (assertiveness) <b>Transition</b> To identify what to look forward to To identify worries about the transition to next class	<b>Changes</b> To explain how girls' and boys' bodies change during puberty To understand body changes- outside and inside To understand different types of family and parenting <b>Conception to birth</b> To understand how a baby develops from conception and how it is born To understand what a baby needs to live and grow <b>Transition</b> To identify what to look forward to To identify worries about the transition to next class	<b>Changes</b> To understand personal characteristics To explain how girls' and boys' bodies change during puberty To apply and accept change <b>Conception to birth</b> To describe how a baby develops from conception through the nine months of pregnancy, and how it is born <b>Transition</b> To identify what to look forward to To identify worries about the transition to next class	<b>Changes</b> To be aware of own self-and body image To explain how girls' and boys' bodies change during puberty To understand the importance of looking after self -physically and emotionally To be aware of the importance of a positive self-esteem and how to develop it <b>Conception to birth</b> To describe how a baby develops from conception through the nine months of pregnancy, and how it is born <b>Transition</b> To identify what to look forward to To identify worries about the transition to secondary school	
<b>Resources</b>	Jigsaw puzzle 6 resources Music links Puzzle 6 teacher notes	Jigsaw puzzle 6 resources Music links Puzzle 6 teacher notes	Jigsaw puzzle 6 resources Music links Puzzle 6 teacher notes	Jigsaw puzzle 6 resources Music links Puzzle 6 teacher notes	Jigsaw puzzle 6 resources Music links Puzzle 6 teacher notes	Jigsaw puzzle 6 resources Music links Puzzle 6 teacher notes	Jigsaw puzzle 6 resources Music links Puzzle 6 teacher notes	Jigsaw puzzle 6 resources Music links Puzzle 6 teacher notes