Khalsa Primary Academy - Jigsaw Planning Overviews

| | Nursery | Reception | Year 1 | Year 2 | Year 3 | Year 4 | Year 5 | Year 6 |
|--------------|-------------------------------|--|--------------------------------|--------------------------------|---|---|-------------------------------------|--|
| Autumn 1 | Topic /Themes: | Topic /Themes: | Topic /Themes: | Topic /Themes: | Topic /Themes: | Topic /Themes: | Topic /Themes: | Topic /Themes: |
| | Being Me in My World | Being Me in My World | Being Me in My World | Being Me in My World | Being Me in My World | Being Me in My World | Being Me in My World | Being Me in My World |
| | Self- Identity | Self- Identity | Self- Identity | Self- Identity | Self- Identity | Self- Identity | Self- Identity | Self- Identity |
| | To understand how it feels to | To understand how it feels to | To know how to use my jigsaw | To identify some of my hopes | To identify positive things | To know my attitudes and | To know how to face new | To identify goals |
| | belong | belong | journal | and fears for this year | about myself and my | actions make a difference to | challenges and set personal | To understand fears and |
| | To understand how to express | To understand how we are | Rights and Responsibilities | To know how to use my Jigsaw | achievements | the class team | goals | worries about future and how |
| | feelings | similar and different | To understand everyone's | Journal | To set personal goals | To know how to use my Jigsaw | To know how to use my Jigsaw | to express them |
| | Rights and Responsibilities | To understand how to | right to learn and work | Rights and Responsibilities | To know how to use my Jigsaw | Journal | Journal | To know how to use my Jigsaw |
| | To think about everyone's | recognise and manage feelings | together | To know how to be a good | Journal | To understand how to be a | Rights and Responsibilities | Journal |
| | right to learn and work | Rights and Responsibilities | To understand our right to | member of the class and | Rights and Responsibilities | school citizen | To understand how to a citizen | Rights and Responsibilities |
| | together | To think about everyone's | learn and play | school | To face new challenges | Rights and Responsibilities | of my country | To understand how to be a |
| | To understand what | right to learn and work | Rewards and Consequences | Respectful Relationships | positively and make | understand how democracy | To understand how | global citizen |
| | responsibility means | together | To contribute to the learning | To understand how learning | responsible choices | works through the School | democracy works through the | To know and understand |
| | Respectful Relationships | To enjoy working with others | charter | charter help me and others | To understand why rules are | Council | School Council and participate | universal rights for all children |
| | To be considerate about | to make the school a better | To recognise the choices I | learn | needed | To understand how groups | actively to have a pupil voice | To understand how |
| | people's feelings | place | make and understand the | Rewards and Consequences | To make responsible choices | come together to make | To understand how groups | democracy works through the |
| | To understand that it's good | To understand what being | | To listen to others and | and take action | decisions | | School Council and participate |
| | _ | _ | consequences | | | | come together to make | The state of the s |
| | to be kind to people | responsible means | | contribute own ideas | Rewards and Consequences To understand how my actions | Rewards and Consequences To understand how my actions | decisions Rewards and Consequences | actively to have a pupil voice Rewards and Consequences |
| | | Respectful Relationships To be considerate about | | To recognise the choices I | | To understand how my actions | | |
| | | To be considerate about | | make | affect myself and others | affect myself and others | To understand how my actions | To understand how my actions |
| | | people's feelings | | | | To care about people's | affect myself and others | affect myself and others |
| | | To understand that it's good | | | | feelings and empathise with | | locally and globally |
| | | to be kind to people | | | | them | | |
| Resources | Jigsaw puzzle 1 resources | Jigsaw puzzle 1 resources | Jigsaw puzzle 1 resources | Jigsaw puzzle 1 resources | Jigsaw puzzle 1 resources | Jigsaw puzzle 1 resources | Jigsaw puzzle 1 resources | Jigsaw puzzle 1 resources |
| | Music links Puzzle 1 teacher | Music links | Music links | Music links | Music links | Music links | Music links | Music links |
| | notes | Puzzle 1 teacher notes | Puzzle 1 teacher notes | Puzzle 1 teacher notes | Puzzle 1 teacher notes | Puzzle 1 teacher notes | Puzzle 1 teacher notes | Puzzle 1 teacher notes |
| Autumn 2 | Topic /Themes: | Topic /Themes: | Topic /Themes: | Topic /Themes: | Topic /Themes: | Topic /Themes: | Topic /Themes: | Topic /Themes: |
| | Celebrating Differences | Celebrating Differences | Celebrating Differences | Celebrating Differences | Celebrating Differences | Celebrating Differences | Celebrating Differences | Celebrating Differences |
| | Respecting ourselves and | Respecting ourselves and | Respecting ourselves and | Respecting ourselves and | Respecting ourselves and | Respecting ourselves and | Respecting ourselves and | Respecting ourselves and |
| | others | others | others | others | others | others | others | others |
| | To know what to be good at | To identify what I am good at | To identify similarities and | To understand gender | To understand gender | To understand how | To understand that cultural | To understand different |
| | and be proud of it | and understand everyone is | differences between people in | stereotypes | stereotypes | assumptions are made on | differences can cause conflicts | perceptions about what |
| | To know what makes me | good at different things | my class | To understand why bullying | To understand what is bullying | appearances | To understand racism | normal means |
| | special and unique | To understand that being | To understand what bullying is | happens | and help to solve problems | To understand what is bullying | To understand bullying | To understand differences |
| | To understand how to stand | different make us special | and resolve problems | Relationships | Relationships | and help to solve problems | behaviours (Rumour- | To understand power |
| | up for myself | To understand why my home | Caring friendships | To stand up for myself and | To understand how families | To identify and value what | spreading/name calling) | struggles |
| | Relationships | is special to me | | others | are different and important | makes me unique | To know the difference | To understand the difference |
| | To understand how families | To understand how to stand | To know how to make new | To understand gender | To understand family | Caring friendships | between direct and indirect | between source of conflict and |
| | are different | up for myself | friends | diversity | differences and conflicts | To understand how | bullying | cause for celebration |
| | To know where we live | Relationships | To understand how I am | Caring friendships | Caring friendships | impressions change when I get | Respectful Relationships | Respectful Relationships |
| | Caring friendships | To understand how families | different from my friends | To celebrating differences and | To recognise how words can | to know people | To compare life with people in | To understand why people use |
| | To understand how to make | are different but same in some | , | still be friends | cause hurtfulness | | the developing world | bullying behaviours |
| | new friends | ways | | | To understand the | | To understand different | To recognise amazing lives of |
| | | Caring friendships | | | consequences of hurtful words | | cultures | disabled people |
| | | To understand how to be a | | | | | | , , , , , , , , , , , , , , , , , , , |
| | | kind friend | | | | | | |
| Resources | Jigsaw puzzle 2 resources | Jigsaw puzzle 2 resources | Jigsaw puzzle 2 resources | Jigsaw puzzle 2 resources | Jigsaw puzzle 2 resources | Jigsaw puzzle 2 resources | Jigsaw puzzle 2 resources | Jigsaw puzzle 2 resources |
| 1.000 31 000 | Music links | Music links | Music links | Music links | Music links | Music links | Music links | Music links |
| | Puzzle 2 teacher notes | Puzzle 2 teacher notes | Puzzle 2 teacher notes | Puzzle 2 teacher notes | Puzzle 2 teacher notes | Puzzle 2 teacher notes | Puzzle 2 teacher notes | Puzzle 2 teacher notes |
| | 1 GZZIE Z LEGGIIEI HULES | 1 GZZIE Z LEGGIIEI HULES | 1 42216 2 teacher flotes | 1 GZZIE Z LEGGIIEI HULES | 1 42216 2 teacher flotes | 1 42216 2 teacher flotes | 1 GZZIE Z LEGGIEI HOLES | 1 d22le 2 teachel flotes |
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Khalsa Primary Academy - Jigsaw Planning Overviews

| | Nursery | Reception | Year 1 | Year 2 | Year 3 | Year 4 | Year 5 | Year 6 |
|--|--|---|--|--|---|---|---|---|
| Spring 1 | Topic /Themes: | Topic /Themes: | Topic /Themes: | Topic /Themes: | Topic /Themes: | Topic /Themes: | Topic /Themes: | Topic /Themes: |
| | Dreams and Goals | Dreams and Goals | Dreams and Goals | Dreams and Goals | Dreams and Goals | Dreams and Goals | Dreams and Goals | Dreams and Goals |
| Sta | taying Motivated/Challenges | Staying Motivated/Challenges | Staying Motivated/Challenges | Staying Motivated/Challenges | Staying Motivated/Challenges | Staying Motivated/Challenges | Staying Motivated/Challenges | Staying Motivated/Challenges |
| | o understand what a | To understand how to tackle | To understand how to tackle | To understand how to tackle | To understand how to face | To understand hurt caused by | To understand the importance | To understand how to stay |
| cha | hallenge means | challenges | challenges | challenges | and tackle challenges | unfulfilled hopes and dreams | of money to achieve some | motivated to reach my goals |
| То | o understand about never | To understand about never | To understand about never | To understand about never | To understand about never | To understand how to | dreams | Setting and Achieving Goals |
| giv | iving up | giving up | giving up | giving up | giving up | overcome disappointment | To understand various jobs | To set challenging but realistic |
| То | o use kind words to | To use kind words to | Setting and Achieving Goals | Setting and Achieving Goals | Setting and Achieving Goals | Setting and Achieving Goals | and careers | personal goals |
| end | ncourage people with | encourage people with | To set a goal and work | To set a goal and work | To identify important dreams | To identify important dreams | To understand motivation to | To recognise our |
| Set | etting and Achieving Goals | Setting and Achieving Goals | towards it | towards it | and ambitions | and hopes | achieve a dream job | achievements |
| То | o set a goal and work | To set a goal and work | To tackle a new challenge | To tackle a new challenge | To celebrate success | To have positive attitudes in | Setting and Achieving Goals | Respectful Relationships |
| tov | owards it | towards it | To identify obstacles and how | To celebrate success | Caring Friendships | setting new goals | To identify important dreams | To identify problems in the |
| То | o help others to achieve their | To help others to achieve their | to overcome them | Caring Friendships | To talk about people who have | To celebrate success | and hopes | world and talk to other people |
| goa | oals | goals | To celebrate success | To understand how to work | faced difficult | Caring Friendships | To have positive attitudes in | about it |
| То | o feel proud on achieving | To feel proud on achieving | Caring Friendships | well in a group | challenges and achieved | To understand how to achieve | setting new goals | To understand how to work |
| goa | oals | goals | To understand how to work | To recognise how we learn | success | goals as a group | Caring Friendships | with others to make a |
| | | | well with a partner | from others | | | To understand dreams and | difference |
| | | | | | | | goals of young people in other | |
| | | | | | | | cultures | |
| | | | | | | | To understand how to support | |
| | | | | | | | others achieve their goals and | |
| | | | | | | | aspirations | |
| | gsaw puzzle 3 resources | Jigsaw puzzle 3 resources | Jigsaw puzzle 3 resources | Jigsaw puzzle 3 resources | Jigsaw puzzle 3 resources | Jigsaw puzzle 3 resources | Jigsaw puzzle 3 resources | Jigsaw puzzle 3 resources |
| | lusic links | Music links | Music links | Music links | Music links | Music links | Music links | Music links |
| Puz | uzzle 3 teacher notes | Puzzle 3 teacher notes | Puzzle 3 teacher notes | Puzzle 3 teacher notes | Puzzle 3 teacher notes | Puzzle 3 teacher notes | Puzzle 3 teacher notes | Puzzle 3 teacher notes |
| Spring2 | Topic /Themes: | Topic /Themes: | Topic /Themes: | Topic /Themes: | Topic /Themes: | Topic /Themes: | Topic /Themes: | Topic /Themes: |
| <u>Springz</u> | Healthy Me | Healthy Me | Healthy Me | Healthy Me | Healthy Me | Healthy Me | Healthy Me | Healthy Me |
| Ma | Making Healthy choices | Making Healthy choices | Making Healthy choices | Making Healthy choices | Making Healthy choices | Making Healthy choices | Making Healthy choices | Making Healthy choices |
| | o understand the need to be | To understand the need to be | To understand the difference | To understand how to keep | To understand how exercise | To understand how exercise | To know the effect of healthy | To know how to make healthy |
| | ealthy | healthy | between healthy and | my body healthy | affects our bodies and organs | affects our bodies and organs | lifestyle choices | lifestyle choices that benefits |
| | o understand about active | To understand about active | | | arreers car searce arra er Barre | | | |
| | novement | | i unneaithy | To know how to be relaxed | To know how unhealthy | | | |
| | | | unhealthy To know how to make healthy | To know how to be relaxed and avoid stress | To know how unhealthy lifestyle choices affect health | To know how unhealthy | To understand how body | well-being |
| | | movement | To know how to make healthy | and avoid stress | lifestyle choices affect health | To know how unhealthy lifestyle choices affect health | To understand how body image can be linked to eating | well-being To understand emotional and |
| l bal | o know about a healthy, | movement To know about a healthy, | To know how to make healthy lifestyle choices | and avoid stress To know how to make healthy | lifestyle choices affect health To understand knowledge and | To know how unhealthy lifestyle choices affect health To know myself well and | To understand how body image can be linked to eating disorders | well-being To understand emotional and mental health |
| bal | | movement | To know how to make healthy lifestyle choices To know about a healthy, | and avoid stress To know how to make healthy lifestyle choices | lifestyle choices affect health | To know how unhealthy lifestyle choices affect health | To understand how body image can be linked to eating disorders Being Safe | well-being To understand emotional and mental health To understand stress triggers |
| bal | o know about a healthy, | movement To know about a healthy, | To know how to make healthy lifestyle choices | and avoid stress To know how to make healthy lifestyle choices To know about a healthy, | lifestyle choices affect health To understand knowledge and | To know how unhealthy lifestyle choices affect health To know myself well and celebrate inner strength | To understand how body image can be linked to eating disorders Being Safe To understand the effects of | well-being To understand emotional and mental health To understand stress triggers To understand drugs and |
| bal | o know about a healthy, | movement To know about a healthy, | To know how to make healthy lifestyle choices To know about a healthy, | and avoid stress To know how to make healthy lifestyle choices | lifestyle choices affect health To understand knowledge and attitudes towards drugs | To know how unhealthy lifestyle choices affect health To know myself well and celebrate inner strength Caring Friendships | To understand how body image can be linked to eating disorders Being Safe To understand the effects of smoking and alcohol on health | well-being To understand emotional and mental health To understand stress triggers To understand drugs and |
| bal | o know about a healthy, | movement To know about a healthy, | To know how to make healthy lifestyle choices To know about a healthy, | and avoid stress To know how to make healthy lifestyle choices To know about a healthy, | lifestyle choices affect health To understand knowledge and attitudes towards drugs Being Safe | To know how unhealthy lifestyle choices affect health To know myself well and celebrate inner strength Caring Friendships To understand how friendship | To understand how body image can be linked to eating disorders Being Safe To understand the effects of | well-being To understand emotional and mental health To understand stress triggers To understand drugs and |
| | o know about a healthy, alanced diet | movement To know about a healthy, | To know how to make healthy lifestyle choices To know about a healthy, | and avoid stress To know how to make healthy lifestyle choices To know about a healthy, | lifestyle choices affect health To understand knowledge and attitudes towards drugs Being Safe To understand about medicine | To know how unhealthy lifestyle choices affect health To know myself well and celebrate inner strength Caring Friendships To understand how friendship groups are formed | To understand how body image can be linked to eating disorders Being Safe To understand the effects of smoking and alcohol on health and anti-social behaviour To know how to get help in | well-being To understand emotional and mental health To understand stress triggers To understand drugs and |
| Bei | o know about a healthy, alanced diet <u>eing Safe</u> | movement To know about a healthy, | To know how to make healthy lifestyle choices To know about a healthy, balanced diet | and avoid stress To know how to make healthy lifestyle choices To know about a healthy, | lifestyle choices affect health To understand knowledge and attitudes towards drugs Being Safe | To know how unhealthy lifestyle choices affect health To know myself well and celebrate inner strength Caring Friendships To understand how friendship | To understand how body image can be linked to eating disorders Being Safe To understand the effects of smoking and alcohol on health and anti-social behaviour To know how to get help in emergency situations | well-being To understand emotional and mental health To understand stress triggers To understand drugs and alcohol misuse |
| <u>Bei</u> To | o know about a healthy, alanced diet | movement To know about a healthy, balanced diet | To know how to make healthy lifestyle choices To know about a healthy, | and avoid stress To know how to make healthy lifestyle choices To know about a healthy, balanced diet | lifestyle choices affect health To understand knowledge and attitudes towards drugs Being Safe To understand about medicine safety and call emergency | To know how unhealthy lifestyle choices affect health To know myself well and celebrate inner strength Caring Friendships To understand how friendship groups are formed To understand how to value | To understand how body image can be linked to eating disorders Being Safe To understand the effects of smoking and alcohol on health and anti-social behaviour To know how to get help in | well-being To understand emotional and mental health To understand stress triggers To understand drugs and alcohol misuse Being Safe |
| Bei To of § | o know about a healthy, alanced diet eing Safe o understand the importance | movement To know about a healthy, balanced diet Being Safe | To know how to make healthy lifestyle choices To know about a healthy, balanced diet Being Safe | and avoid stress To know how to make healthy lifestyle choices To know about a healthy, balanced diet Being Safe | lifestyle choices affect health To understand knowledge and attitudes towards drugs Being Safe To understand about medicine safety and call emergency services | To know how unhealthy lifestyle choices affect health To know myself well and celebrate inner strength Caring Friendships To understand how friendship groups are formed To understand how to value friends | To understand how body image can be linked to eating disorders Being Safe To understand the effects of smoking and alcohol on health and anti-social behaviour To know how to get help in emergency situations To understand how different | well-being To understand emotional and mental health To understand stress triggers To understand drugs and alcohol misuse Being Safe To understand the effects of |
| Bei To of g To | o know about a healthy, alanced diet eing Safe o understand the importance f good sleep | movement To know about a healthy, balanced diet Being Safe To understand the importance | To know how to make healthy lifestyle choices To know about a healthy, balanced diet Being Safe To understand how germs | and avoid stress To know how to make healthy lifestyle choices To know about a healthy, balanced diet Being Safe To understand about medicine | lifestyle choices affect health To understand knowledge and attitudes towards drugs Being Safe To understand about medicine safety and call emergency services To understand how to safely | To know how unhealthy lifestyle choices affect health To know myself well and celebrate inner strength Caring Friendships To understand how friendship groups are formed To understand how to value friends To understand group | To understand how body image can be linked to eating disorders Being Safe To understand the effects of smoking and alcohol on health and anti-social behaviour To know how to get help in emergency situations To understand how different media promotes certain body | well-being To understand emotional and mental health To understand stress triggers To understand drugs and alcohol misuse Being Safe To understand the effects of drugs on the body |
| Bei To of § To of I | eing Safe o understand the importance f good sleep o understand the importance | movement To know about a healthy, balanced diet Being Safe To understand the importance of good sleep | To know how to make healthy lifestyle choices To know about a healthy, balanced diet Being Safe To understand how germs cause disease | and avoid stress To know how to make healthy lifestyle choices To know about a healthy, balanced diet Being Safe To understand about medicine | lifestyle choices affect health To understand knowledge and attitudes towards drugs Being Safe To understand about medicine safety and call emergency services To understand how to safely | To know how unhealthy lifestyle choices affect health To know myself well and celebrate inner strength Caring Friendships To understand how friendship groups are formed To understand how to value friends To understand group dynamics | To understand how body image can be linked to eating disorders Being Safe To understand the effects of smoking and alcohol on health and anti-social behaviour To know how to get help in emergency situations To understand how different media promotes certain body | well-being To understand emotional and mental health To understand stress triggers To understand drugs and alcohol misuse Being Safe To understand the effects of drugs on the body To understand the effects of |
| Bei To of g To of I | eing Safe o understand the importance f good sleep o understand the importance f being clean | movement To know about a healthy, balanced diet Being Safe To understand the importance of good sleep To understand the importance | To know how to make healthy lifestyle choices To know about a healthy, balanced diet Being Safe To understand how germs cause disease To understand the importance | and avoid stress To know how to make healthy lifestyle choices To know about a healthy, balanced diet Being Safe To understand about medicine | lifestyle choices affect health To understand knowledge and attitudes towards drugs Being Safe To understand about medicine safety and call emergency services To understand how to safely | To know how unhealthy lifestyle choices affect health To know myself well and celebrate inner strength Caring Friendships To understand how friendship groups are formed To understand how to value friends To understand group dynamics To recognise and resist peer | To understand how body image can be linked to eating disorders Being Safe To understand the effects of smoking and alcohol on health and anti-social behaviour To know how to get help in emergency situations To understand how different media promotes certain body | well-being To understand emotional and mental health To understand stress triggers To understand drugs and alcohol misuse Being Safe To understand the effects of drugs on the body To understand the effects of exploitation |
| Bei To of g To of I | eing Safe o understand the importance f good sleep o understand the importance f being clean o understand about stranger | movement To know about a healthy, balanced diet Being Safe To understand the importance of good sleep To understand the importance of being clean | To know how to make healthy lifestyle choices To know about a healthy, balanced diet Being Safe To understand how germs cause disease To understand the importance of being clean | and avoid stress To know how to make healthy lifestyle choices To know about a healthy, balanced diet Being Safe To understand about medicine | lifestyle choices affect health To understand knowledge and attitudes towards drugs Being Safe To understand about medicine safety and call emergency services To understand how to safely | To know how unhealthy lifestyle choices affect health To know myself well and celebrate inner strength Caring Friendships To understand how friendship groups are formed To understand how to value friends To understand group dynamics To recognise and resist peer pressure | To understand how body image can be linked to eating disorders Being Safe To understand the effects of smoking and alcohol on health and anti-social behaviour To know how to get help in emergency situations To understand how different media promotes certain body | well-being To understand emotional and mental health To understand stress triggers To understand drugs and alcohol misuse Being Safe To understand the effects of drugs on the body To understand the effects of exploitation To understand peer pressure |
| Bei To of g To of I | eing Safe o understand the importance f good sleep o understand the importance f being clean o understand about stranger | movement To know about a healthy, balanced diet Being Safe To understand the importance of good sleep To understand the importance of being clean To understand about stranger | To know how to make healthy lifestyle choices To know about a healthy, balanced diet Being Safe To understand how germs cause disease To understand the importance of being clean To understand about medicine | and avoid stress To know how to make healthy lifestyle choices To know about a healthy, balanced diet Being Safe To understand about medicine | lifestyle choices affect health To understand knowledge and attitudes towards drugs Being Safe To understand about medicine safety and call emergency services To understand how to safely | To know how unhealthy lifestyle choices affect health To know myself well and celebrate inner strength Caring Friendships To understand how friendship groups are formed To understand how to value friends To understand group dynamics To recognise and resist peer pressure Being Safe | To understand how body image can be linked to eating disorders Being Safe To understand the effects of smoking and alcohol on health and anti-social behaviour To know how to get help in emergency situations To understand how different media promotes certain body | well-being To understand emotional and mental health To understand stress triggers To understand drugs and alcohol misuse Being Safe To understand the effects of drugs on the body To understand the effects of exploitation To understand peer pressure |
| Bei To of g To of I | eing Safe o understand the importance f good sleep o understand the importance f being clean o understand about stranger | movement To know about a healthy, balanced diet Being Safe To understand the importance of good sleep To understand the importance of being clean To understand about stranger | To know how to make healthy lifestyle choices To know about a healthy, balanced diet Being Safe To understand how germs cause disease To understand the importance of being clean To understand about medicine safety | and avoid stress To know how to make healthy lifestyle choices To know about a healthy, balanced diet Being Safe To understand about medicine | lifestyle choices affect health To understand knowledge and attitudes towards drugs Being Safe To understand about medicine safety and call emergency services To understand how to safely | To know how unhealthy lifestyle choices affect health To know myself well and celebrate inner strength Caring Friendships To understand how friendship groups are formed To understand how to value friends To understand group dynamics To recognise and resist peer pressure Being Safe To understand the effects of | To understand how body image can be linked to eating disorders Being Safe To understand the effects of smoking and alcohol on health and anti-social behaviour To know how to get help in emergency situations To understand how different media promotes certain body | well-being To understand emotional and mental health To understand stress triggers To understand drugs and alcohol misuse Being Safe To understand the effects of drugs on the body To understand the effects of exploitation To understand peer pressure |
| Bei To of g To of I | eing Safe o understand the importance f good sleep o understand the importance f being clean o understand about stranger | movement To know about a healthy, balanced diet Being Safe To understand the importance of good sleep To understand the importance of being clean To understand about stranger | To know how to make healthy lifestyle choices To know about a healthy, balanced diet Being Safe To understand how germs cause disease To understand the importance of being clean To understand about medicine safety To understand about road | and avoid stress To know how to make healthy lifestyle choices To know about a healthy, balanced diet Being Safe To understand about medicine | lifestyle choices affect health To understand knowledge and attitudes towards drugs Being Safe To understand about medicine safety and call emergency services To understand how to safely | To know how unhealthy lifestyle choices affect health To know myself well and celebrate inner strength Caring Friendships To understand how friendship groups are formed To understand how to value friends To understand group dynamics To recognise and resist peer pressure Being Safe To understand the effects of smoking and alcohol on health | To understand how body image can be linked to eating disorders Being Safe To understand the effects of smoking and alcohol on health and anti-social behaviour To know how to get help in emergency situations To understand how different media promotes certain body | well-being To understand emotional and mental health To understand stress triggers To understand drugs and alcohol misuse Being Safe To understand the effects of drugs on the body To understand the effects of exploitation To understand peer pressure |
| Bei To of g To of I To dar | eing Safe o understand the importance f good sleep o understand the importance f being clean o understand about stranger | movement To know about a healthy, balanced diet Being Safe To understand the importance of good sleep To understand the importance of being clean To understand about stranger | To know how to make healthy lifestyle choices To know about a healthy, balanced diet Being Safe To understand how germs cause disease To understand the importance of being clean To understand about medicine safety To understand about road | and avoid stress To know how to make healthy lifestyle choices To know about a healthy, balanced diet Being Safe To understand about medicine | lifestyle choices affect health To understand knowledge and attitudes towards drugs Being Safe To understand about medicine safety and call emergency services To understand how to safely | To know how unhealthy lifestyle choices affect health To know myself well and celebrate inner strength Caring Friendships To understand how friendship groups are formed To understand how to value friends To understand group dynamics To recognise and resist peer pressure Being Safe To understand the effects of smoking and alcohol on health To understand how to safely | To understand how body image can be linked to eating disorders Being Safe To understand the effects of smoking and alcohol on health and anti-social behaviour To know how to get help in emergency situations To understand how different media promotes certain body | well-being To understand emotional and mental health To understand stress triggers To understand drugs and alcohol misuse Being Safe To understand the effects of drugs on the body To understand the effects of exploitation To understand peer pressure |
| Bei To of g To of I To dar | eing Safe o understand the importance f good sleep o understand the importance f being clean o understand about stranger anger | movement To know about a healthy, balanced diet Being Safe To understand the importance of good sleep To understand the importance of being clean To understand about stranger danger | To know how to make healthy lifestyle choices To know about a healthy, balanced diet Being Safe To understand how germs cause disease To understand the importance of being clean To understand about medicine safety To understand about road safety | and avoid stress To know how to make healthy lifestyle choices To know about a healthy, balanced diet Being Safe To understand about medicine safety | lifestyle choices affect health To understand knowledge and attitudes towards drugs Being Safe To understand about medicine safety and call emergency services To understand how to safely take care of my body | To know how unhealthy lifestyle choices affect health To know myself well and celebrate inner strength Caring Friendships To understand how friendship groups are formed To understand how to value friends To understand group dynamics To recognise and resist peer pressure Being Safe To understand the effects of smoking and alcohol on health To understand how to safely take care of my body | To understand how body image can be linked to eating disorders Being Safe To understand the effects of smoking and alcohol on health and anti-social behaviour To know how to get help in emergency situations To understand how different media promotes certain body types | well-being To understand emotional and mental health To understand stress triggers To understand drugs and alcohol misuse Being Safe To understand the effects of drugs on the body To understand the effects of exploitation To understand peer pressure and risks in gang culture |
| Bei To of § To of I To dar | eing Safe o understand the importance f good sleep o understand the importance f being clean o understand about stranger anger | movement To know about a healthy, balanced diet Being Safe To understand the importance of good sleep To understand the importance of being clean To understand about stranger danger Jigsaw puzzle 4 resources | To know how to make healthy lifestyle choices To know about a healthy, balanced diet Being Safe To understand how germs cause disease To understand the importance of being clean To understand about medicine safety To understand about road safety Jigsaw puzzle 4 resources | and avoid stress To know how to make healthy lifestyle choices To know about a healthy, balanced diet Being Safe To understand about medicine safety Jigsaw puzzle 4 resources | lifestyle choices affect health To understand knowledge and attitudes towards drugs Being Safe To understand about medicine safety and call emergency services To understand how to safely take care of my body Jigsaw puzzle 4 resources | To know how unhealthy lifestyle choices affect health To know myself well and celebrate inner strength Caring Friendships To understand how friendship groups are formed To understand how to value friends To understand group dynamics To recognise and resist peer pressure Being Safe To understand the effects of smoking and alcohol on health To understand how to safely take care of my body Jigsaw puzzle 4 resources | To understand how body image can be linked to eating disorders Being Safe To understand the effects of smoking and alcohol on health and anti-social behaviour To know how to get help in emergency situations To understand how different media promotes certain body types Jigsaw puzzle 4 resources | well-being To understand emotional and mental health To understand stress triggers To understand drugs and alcohol misuse Being Safe To understand the effects of drugs on the body To understand the effects of exploitation To understand peer pressure and risks in gang culture Jigsaw puzzle 4 resources |

Khalsa Primary Academy - Jigsaw Planning Overviews

| | Nursery | Reception | Year 1 | Year 2 | Year 3 | Year 4 | Year 5 | Year 6 |
|---------------------|--|--|--|--|--|---|--|--|
| Summer 1 | Topic /Themes: | Topic /Themes: | Topic /Themes: | Topic /Themes: | Topic /Themes: | Topic /Themes: | Topic /Themes: | Topic /Themes: |
| | Relationships | Relationships | Relationships | Relationships | Relationships | Relationships | Relationships | Relationships |
| | Relationships | Relationships | Relationships | Relationships | Relationships | Relationships | Recognising me | Mental Health/ Love and Loss |
| | To understand my family and | To understand my family and | To understand members of | To understand different types | To understand family roles | To resolve friendship | To know the importance of | To know that it is important to |
| | me | me | own family and different types | of family | and responsibilities | problems when they occur | building self-esteem | take care of mental health |
| | To understand how to make | To understand how to make friends | of families | To understand forms of | To identify skills of friendship | (jealousy) | Relationships To understand the rights and | To understand that there are |
| | friends To understand friendship, | To understand friendship, | To understand friendship and greetings | physical contacts and keeping safe | To know how to express appreciation to friends and | To understand getting on and falling out of friendship | To understand the rights and responsibilities of online | different stages of grief To understand there are |
| | conflicts and managing | conflicts and managing | To know about people who | To understand friendship and | family | To understand relationships | community and social | different types of loss that |
| | feelings | feelings | help us | conflicts | Online safety | (girlfriends and boyfriends) | networking | cause people to grieve |
| | To know how to be a good | To know how to be a good | To recognise appreciation of | To recognise trust and | To know and use strategies for | Celebrating relationships | To understand the rights and | Power and Control |
| | friend | friend | friends and family | appreciation to friends and | keeping myself safe online | Love and Loss | responsibilities of gaming | To understand how to show |
| | | | · | family | To understand how to be a | I can identify love for family | community | respect and how to treat |
| | | | | , | global citizen | and express why they are | To resolve friendship | others |
| | | | | | Know needs and rights of | special to me | problems when they occur | On line safety |
| | | | | | children around the world | To know that it is important to | Online safety | To use technology positively |
| | | | | | | take care of mental health | To use technology positively | and safely |
| | | | | | | To understand that there are | and safely | To communicate safely with |
| | | | | | | different stages of grief | To communicate safely with friends and family | friends and family |
| | | | | | | To understand there are different types of loss that | To understand SMAART | |
| | | | | | | cause people to grieve | internet safety rules | |
| Resources | Jigsaw puzzle 5 resources | Jigsaw puzzle 5 resources | Jigsaw puzzle 5 resources | Jigsaw puzzle 5 resources | Jigsaw puzzle 5 resources | Jigsaw puzzle 5 resources | Jigsaw puzzle 5 resources | Jigsaw puzzle 5 resources |
| | Music links | Music links | Music links | Music links | Music links | Music links | Music links | Music links |
| | Puzzle 5 teacher notes | Puzzle 5 teacher notes | Puzzle 5 teacher notes | Puzzle 5 teacher notes | Puzzle 5 teacher notes | Puzzle 5 teacher notes | Puzzle 5 teacher notes | Puzzle 5 teacher notes |
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| Summer 2 | Changing Me Changes | Changing Me Changes | Changing Me Changes | Changing Me Changes | Changing Me Changes | Changing Me Changes | Changing Me Changes | Changing Me Changes |
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