

# Letter to My Younger Self

It has been a long time since you started primary school and now it's time for you to leave. Leaving year 6 brings with it a mixture of emotions. You might feel excited about starting secondary school, happy about all of the things you've achieved, sad about saying goodbye to friends and teachers or even worried about the changes coming up.

Think back to your first day at primary school all those years ago. What can you remember about that time? Do you remember how you felt or what you did?

You are going to write a letter to your younger self for the day you were about to start primary school.

Here are some ideas for things you could include in your letter:

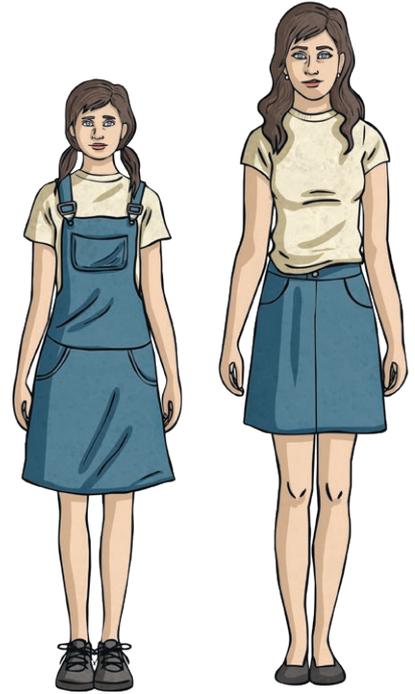
- Fun things you have done at school, such as trips, special learning days or clubs that you were a part of.
- The names of friends you made at primary school and what you enjoyed doing together.
- The names of teachers who really helped you.
- Tips for how you were successful at school, for example, reading every day or practising your spellings.
- Other special memories of your time at primary school.

Here is one way you could start your letter but you could use your own ideas too.

To my younger self,

You are about to start primary school. I know you are feeling a bit worried about leaving your grown-ups and being around lots of people you don't know but you don't need to feel anxious. You are going to love primary school!

There are loads of fun things you are going to experience. Some of them include...



You could also draw a picture of your younger self and a picture of yourself now, to show how much you have changed.

